

BREAKFAST

Customize with your choice of fresh bread.
Ask what's available!

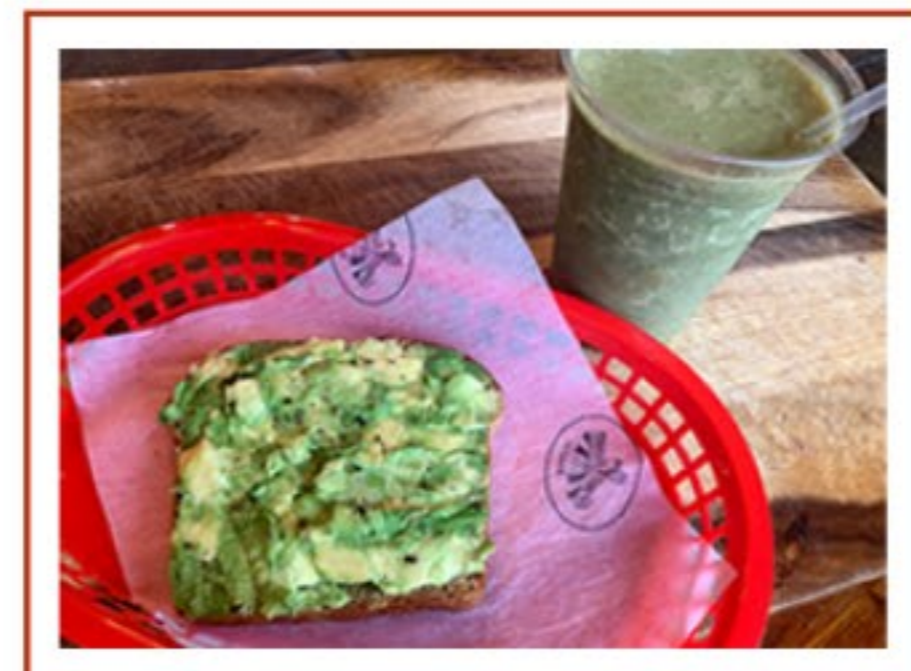
Breakfast Sandwich\$7.39 Half
355 - 950 cal.\$8.79 Whole
Choose Ham, Bacon, or Sausage! Along with cheddar cheese, egg, and garlic herb spread.

Deluxe Breakfast Sandwich ..\$7.79 Half
387 - 995 cal.\$9.39 Whole
Choose Ham, Bacon, or Sausage! Along with cheddar cheese, egg, avocado, tomato, and garlic herb spread.

Cinnamon Roll 899 cal.\$3.49
Smothered in Orange, Raspberry, or Traditional Cream Cheese Frosting.

Scrumptious Tea Scones 350 cal. \$2.49
Cinnamon Chip, Berry Cream Cheese, Chocolate Chip, or Poppyseed.

Nutella Bruschetta\$4.39 Half
387 - 995 cal.\$6.79 Whole
Chocolate hazelnut spread with strawberries, served open-faced on toasted Sourdough.



Chocolate Super Smoothie
275 cal.\$5.79
Chocolate protein powder, baby spinach, banana, peanut butter, and almond milk. 18oz.

Avocado Toast 180 cal.\$3.79
Add bacon \$1.

California Dream Toast
285 cal.\$7.79
Avocado spread and seafood salad on toast, served with fresh berries.

Groovy Granola Bowl
343 cal.\$6.39 Sm.
563 cal.\$7.79 Lg.
House-made granola & 2% milk.

Berry Parfait 493 cal.\$5.79
Strawberry Greek yogurt, mixed berries & our house-made Granola.

Coffee 2 cal.\$1.99
Hot Chocolate 70 cal.\$1.25
Jumex Juice 140-170 cal.\$1
2% Milk 195 cal.\$1.75

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.